

Jedi Jenny and Joely Danger T in the studio with Isha Molloy



Captin Emma showing off the Limerence poster



NO COST

WRITING WORKSHOPS weekly with Isha Molloy 1-3pm & 7-9pm Mondays commencing 16th August at Cockerloo Neighbourhood house 59689031 email - cnh@netspace.net.au Laya Ross - Trauma Counsellor available

We'll bring stories to paper and make a book. An opportunity to share with others who were there that night and what happened afterwards... stories & reflections

ASH WEDNESDAY

anavim dreaming

bushfires burning what was away so much death and dying so much grief

shocked into daze body stumbles through functions spirit elsewhere

and now to hear *this young man's* earth-walk is ended and now to hear *this young man's* earth-walk is ended and now to hear *this young man's* earth-walk is ended

time to let go the blurring flurry of the worldly busy throw the clock out the window let the world turn without me fly to the source of my soul's mountain stream enter the dark cave, sit near the fire to gaze sit near the fire to gaze and give sound to the feelings in crying and sobbing give voice to the thoughts in shouting and yelling hopes shattered dreams plunged under the weight of loss

rocking and keening gentle movement and sound helping questions to change

slowly to strip away guilt blame shame of mind's hell to come into pure grief the joy within grief of heart's heaven

let mystery be mystery in awe and wonder understanding unfinis paradoxical nature of birth death rebirth cycles mystery unfolds into clarity

for all of us ever there is only this moment breathe

Icila Molloy © '09

info you should know

nonsense is powerfully good for society

What's the go at Gemco? Find out for yourself... www.gemcoplayers.org Gemco is a community theatre group which began 30 years ago in Emerald

Limerence ~ AUSTRALIAN HAND MADE NEW Jewellery, Fashion, Gallery, so exciting! SHOP!! opening in August on Belgrave Main Street

YOU'RE NOT BORED, YOU'RE BORING

LIMERENCE EXHIBITION

come be part of a new beginning!

Friday the 13th of August, 6 till 9pm.

save up your pennies people, you're gonna feel the need to buy things. www.limerence.com.au

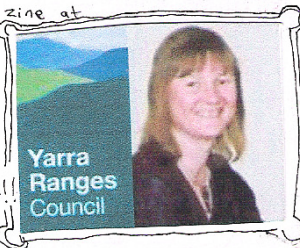
P.O. Box 259 Emerald VIC 3782 ring the studio : 596 82727

send us all your bizo -

e: artshole@hotmail.com

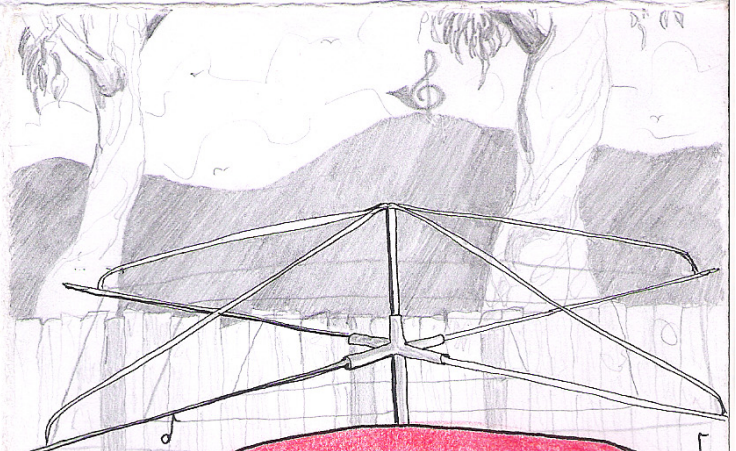
you are thoroughly encouraged to copy and distribute The Hills Hoist zine at every opportunity

Cr Samantha Dunn proudly supports The Hills Hoist on 3MDR



www.ammajohnson.net

wetwashing © forever The Hills Hoist!



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Tune in on Friday afternoons for all the arts news from our forest covered mountain, with your charming, knowledgeable and well dressed show presenters Captain Emma, Jedi Jenny and Joely Danger T. FRIDAYS 1pm-3pm www.3MDR.com 97.1FM